



BEHAVIOR MANAGEMENT

A learning module developed by the Bureau of Facility Standards to train residential care or assisted living facility staff.

The Keys to Care



BEHAVIOR MANAGEMENT

◆ What are Behaviors?

- Behavior – a way humans act and respond to their situations and environments.
- Inappropriate behavior – a way of acting or responding that is disruptive or dangerous to self or others.



BEHAVIOR MANAGEMENT

- ◆ Caregivers can only influence the behaviors of residents.
- ◆ Only the residents can change their own behaviors.



BEHAVIOR MANAGEMENT

- ◆ Common Causes of Inappropriate Behaviors
 - Medical conditions
 - Staff interactions with residents
 - Impaired communication ability
 - Environmental factors
 - Boredom
 - Grief and loss
 - Fear or anger



BEHAVIOR MANAGEMENT

- ◆ It is important for the caregivers to focus on their own responses to the environment and to the residents.
- ◆ Staff responses affect resident responses.



BEHAVIOR MANAGEMENT

◆ Tracking Behaviors

- Identify the inappropriate behavior
- One option for tracking and documenting behaviors is the 5 W's
 - Who
 - What
 - When
 - Where
 - Why

The Keys to Care



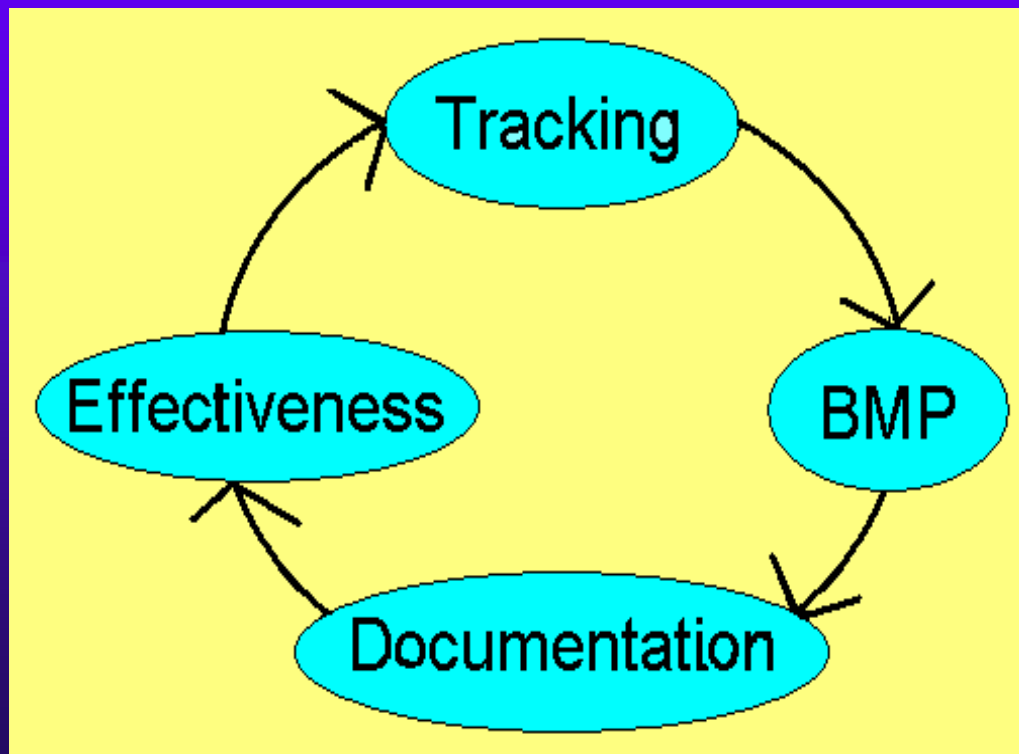
BEHAVIOR

MANAGEMENT

- ◆ Behavior Management Plan (BMP)
 - A plan that is developed to guide caregivers when assisting residents with inappropriate behaviors.
 - Offers ideas of how to help the residents and caregivers create a safe, happy and healthy environment.
 - Is specific to each resident.
 - Is positive, always changing, and is least restrictive.

BEHAVIOR MANAGEMENT

◆ The Cycle of Behavior Management



The Keys to Care



BEHAVIOR MANAGEMENT

- ◆ Behavior Management Interventions
 - They are as unique as each person.



BEHAVIOR MANAGEMENT

- ◆ **Behavior management is an ever changing cycle of intervention.**



End of Behavior Management Slides